



A YEAR IN THE NEW TESTAMENT AND PSALMS

Throughout 2023, our church will be engaging in a corperate reading of the New Testament together, using this journal as a guide. The order of daily scripture readings has been thoughtfully curated to encourage more depth and insight. The Gospels are spread throughout the year, and books and letters by the same author are presented together for consistency. The letters of Paul are also arranged in the order they were most likely written to highlight the apostle's development of thought. To end each week, Saturday offers a Sabbath psalm reading featuring passages with clear New Testament connections. There are no readings on Sundays, leaving plenty of room for participation in corporate worship gatherings.

Imagine if we all did this as a church—an entire year, feasting on the story of Jesus, who declared himself "the bread of life." Imagine our character being primarily formed not by society's algorithms of outrage but by the non-anxious presence of Jesus. This is the opportunity we have before us.

So here's the simple invitation: We want to read through the New Testament and pray through the Psalms together in 2023—journaling through the text as family, wrestling with the same passages, asking questions and being drawn into a daily encounter with Jesus. Each day, we want to set aside our best time to immerse ourselves in the scriptures. When the alarm clock goes off, before we turn on our phones, get the email download, or check social media, we want to carve out space to breathe in the truth of what God says over us, letting his voice be the most formative voice in our lives. Rather than eating the bread of anxious toil as the Psalmist says, we want to eat the bread that truly satisfies. This is how we will become agents of kingdom renewal in the places we live, work, and spend our time.

May we become, as the Psalmist says, like a tree planted by streams of living water, sustained by the presence of God, providing shade for a weary city, and producing fruit that speaks of a better story.

HOW TO USE BREAD

BREAD is our modern take on Lectio Divina: an ancient approach of prayerfully engaging with the scriptures in order to hear God's personal word to you. Rather than racing through the text each day, we encourage you to be present to the Spirit in each movement of BREAD. What we seek is not simply information, or even motivation, but communion and union with God.

BREATHE: Find a place where you can encounter God. Be still. Ask him to fill the space, and then take a minute in silence. Focus on slowing your breathing down and calming your mind. Fix your eyes on Jesus and invite the Holy Spirit to guide your time.

READ: Read through the passage for the day. Read through the passage again, slowly. Look for one verse that stands out, grabs your attention, or interests you. Write out that verse in the "Read" section.

ENCOUNTER: Taking your chosen verse, begin to meditate on it. What comes to mind, and how does it make you feel? What do you think God is trying to reveal through this verse? Allow him to speak to your heart and mind. Write a short reflection on what you think God might be saying.

APPLY: Now, turn your focus outwards. Think about how you might be able to apply this to your day. Write down the one thing you're going to try and live out.

DEVOTE: Finally, close by writing a simple prayer of devotion to God. Ask God to fill you afresh, and commit your day to him.

THIS JOURNAL BELONGS TO:

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BREAD JAN 10. BREATHE READ: LUKE 2 ENCOUNTER APPLY DEVOTE

JAN 18. BREAD BREATHE READ: LUKE 8 ENCOUNTER APPLY DEVOTE 9.

JAN 21. BREAD BREATHE READ: PSALM 2 ENCOUNTER APPLY DEVOTE 12.

JAN 23. BREAD BREATHE READ: LUKE 11 ENCOUNTER APPLY DEVOTE 13.

JAN 28. BREAD BREATHE READ: PSALM 4 ENCOUNTER APPLY DEVOTE 18.

JAN 30. BREAD BREATHE READ: LUKE 16 ENCOUNTER APPLY DEVOTE

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FEB 25. BREAD BREATHE READ: PSALM 10 ENCOUNTER APPLY DEVOTE 42.

FEB 28. BREAD BREATHE READ: ACTS 13 ENCOUNTER APPLY DEVOTE 44.

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MAY 2. BREAD BREATHE READ: 2 CORINTHIANS 6 ENCOUNTER APPLY DEVOTE 98.

MAY 3. BREAD BREATHE READ: 2 CORINTHIANS 7 ENCOUNTER APPLY DEVOTE

MAY 6. BREAD BREATHE READ: PSALM 34 ENCOUNTER APPLY DEVOTE 102.

MAY 8. BREAD BREATHE READ: 2 CORINTHIANS 10 ENCOUNTER APPLY DEVOTE

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MAY 15. BREAD BREATHE READ: GALATIANS 2 ENCOUNTER APPLY DEVOTE 109.

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MAY 19. BREAD BREATHE READ: GALATIANS 6 ENCOUNTER APPLY DEVOTE 113.

MAY 20. BREAD BREATHE READ: PSALM 37 ENCOUNTER APPLY DEVOTE

MAY 22. BREAD BREATHE READ: ROMANS 1 ENCOUNTER APPLY DEVOTE 115.

MAY 23. BREAD BREATHE READ: ROMANS 2 ENCOUNTER APPLY DEVOTE 116.

MAY 25. BREAD BREATHE READ: ROMANS 4 ENCOUNTER APPLY DEVOTE 118.

MAY 26. BREAD BREATHE READ: ROMANS 5 ENCOUNTER APPLY DEVOTE 119.

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AUG 19. BREAD BREATHE READ: PSALM 94 ENCOUNTER APPLY DEVOTE

AUG 21. BREAD BREATHE READ: MATTHEW 22 ENCOUNTER APPLY DEVOTE 193.

AUG 22. BREAD BREATHE READ: MATTHEW 23 ENCOUNTER APPLY DEVOTE

AUG 23. BREAD BREATHE READ: MATTHEW 24 ENCOUNTER APPLY DEVOTE

AUG 24. BREAD BREATHE READ: MATTHEW 25 ENCOUNTER APPLY DEVOTE 196.

AUG 25. BREAD BREATHE READ: MATTHEW 26 ENCOUNTER APPLY DEVOTE

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AUG 28. BREAD BREATHE READ: MATTHEW 27 ENCOUNTER APPLY DEVOTE

AUG 29. BREAD BREATHE READ: MATTHEW 28 ENCOUNTER APPLY DEVOTE 200.

AUG 30. BREAD BREATHE READ: HEBREWS 1 ENCOUNTER APPLY DEVOTE

AUG 31. BREAD BREATHE READ: HEBREWS 2 ENCOUNTER APPLY DEVOTE

SEP 1. BREAD BREATHE READ: HEBREWS 3 ENCOUNTER APPLY DEVOTE 203.

SEP 5. BREAD BREATHE READ: HEBREWS 5 ENCOUNTER APPLY DEVOTE 206.

SEP 8. BREAD BREATHE READ: HEBREWS 8 ENCOUNTER APPLY DEVOTE

SEP 9. BREAD BREATHE READ: PSALM 102 ENCOUNTER APPLY DEVOTE 210.

SEP 11. BREAD BREATHE READ: HEBREWS 9 ENCOUNTER APPLY DEVOTE

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SEP 16. BREAD BREATHE READ: PSALM 104 ENCOUNTER APPLY DEVOTE

SEP 18. BREAD BREATHE READ: JAMES 1 ENCOUNTER APPLY DEVOTE

SEP 19. BREAD BREATHE READ: JAMES 2 ENCOUNTER APPLY DEVOTE 218.

SEP 20. BREAD BREATHE READ: JAMES 3 ENCOUNTER APPLY DEVOTE 219.

SEP 21. BREAD BREATHE READ: JAMES 4 ENCOUNTER APPLY DEVOTE 220.

SEP 22. BREAD BREATHE READ: JAMES 5 ENCOUNTER APPLY DEVOTE 221.

SEP 23. BREAD BREATHE READ: PSALM 110 ENCOUNTER APPLY DEVOTE

SEP 25. BREAD BREATHE READ: JUDE ENCOUNTER APPLY DEVOTE 223.

SEP 26. BREAD BREATHE READ: MARK 1 ENCOUNTER APPLY DEVOTE 224.

SEP 27. BREAD BREATHE READ: MARK 2 ENCOUNTER APPLY DEVOTE 225.

SEP 28. BREAD BREATHE READ: MARK 3 ENCOUNTER APPLY DEVOTE 226.

SEP 29. BREAD BREATHE READ: MARK 4 ENCOUNTER APPLY DEVOTE 227.

SEP 30. BREAD BREATHE READ: PSALM 111 ENCOUNTER APPLY DEVOTE

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OCT 5. BREAD BREATHE READ: MARK 8 ENCOUNTER APPLY DEVOTE 232.

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OCT 10. BREAD BREATHE READ: MARK 11 ENCOUNTER APPLY DEVOTE 236.

OCT 13. BREAD BREATHE READ: MARK 14 ENCOUNTER APPLY DEVOTE 239.

OCT 14. BREAD BREATHE READ: PSALM 116 ENCOUNTER APPLY DEVOTE 240.

OCT 16. BREAD BREATHE READ: MARK 15 ENCOUNTER APPLY DEVOTE 241.

OCT 17. BREAD BREATHE READ: MARK 16 ENCOUNTER APPLY DEVOTE 242.

OCT 18. BREAD BREATHE READ: 1 PETER 1 ENCOUNTER APPLY DEVOTE

OCT 19. BREAD BREATHE READ: 1 PETER 2 ENCOUNTER APPLY DEVOTE

OCT 20. BREAD BREATHE READ: 1 PETER 3 ENCOUNTER APPLY DEVOTE

OCT 21. BREAD BREATHE READ: PSALM 117 ENCOUNTER APPLY DEVOTE

OCT 23. BREAD BREATHE READ: 1 PETER 4 ENCOUNTER APPLY DEVOTE

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OCT 26. BREAD BREATHE READ: 2 PETER 2 ENCOUNTER APPLY DEVOTE

OCT 27. BREAD BREATHE READ: 2 PETER 3 ENCOUNTER APPLY DEVOTE 251.

OCT 28. BREAD BREATHE READ: PSALM 118 ENCOUNTER APPLY DEVOTE

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NOV 11. BREAD BREATHE READ: PSALM 119:41-80 ENCOUNTER APPLY DEVOTE

NOV 13. BREAD BREATHE READ: JOHN 11 ENCOUNTER APPLY DEVOTE 265.

NOV 18. BREAD BREATHE READ: PSALM 119:81-120 ENCOUNTER APPLY DEVOTE

NOV 21. BREAD BREATHE READ: JOHN 17 ENCOUNTER APPLY DEVOTE 272.

NOV 25. BREAD BREATHE **READ:** PSALM 119:121-176 ENCOUNTER APPLY DEVOTE

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NOV 28. BREAD BREATHE READ: 1 JOHN 1 ENCOUNTER APPLY DEVOTE

NOV 29. BREAD BREATHE READ: 1 JOHN 2 ENCOUNTER APPLY DEVOTE

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DEC 11. BREAD BREATHE READ: REVELATION 3 ENCOUNTER APPLY DEVOTE 289.

DEC 15. BREAD BREATHE READ: REVELATION 7 ENCOUNTER APPLY DEVOTE 293.

DEC 18. BREAD BREATHE READ: REVELATION 8 ENCOUNTER APPLY DEVOTE

DEC 19. BREAD BREATHE READ: REVELATION 9 ENCOUNTER APPLY DEVOTE 296.

DEC 20. BREAD BREATHE READ: REVELATION 10 ENCOUNTER APPLY DEVOTE

DEC 21. BREAD BREATHE READ: REVELATION 11 ENCOUNTER APPLY DEVOTE 298.

DEC 22. BREAD BREATHE READ: REVELATION 12 ENCOUNTER APPLY DEVOTE

DEC 25. BREAD BREATHE READ: REVELATION 13-14 ENCOUNTER APPLY DEVOTE

DEC 26. BREAD BREATHE READ: REVELATION 15-16 ENCOUNTER APPLY DEVOTE

DEC 27. BREAD BREATHE READ: REVELATION 17-18 ENCOUNTER APPLY DEVOTE

DEC 28. BREAD BREATHE READ: REVELATION 19-20 ENCOUNTER APPLY DEVOTE

DEC 29. BREAD BREATHE READ: REVELATION 21-22 ENCOUNTER APPLY DEVOTE

DEC 30. BREAD BREATHE READ: PSALM 145 ENCOUNTER APPLY DEVOTE

